

WALLSEND ATHLETIC CLUB INCORPORATED

Wallsend RSL Athletic Club & Wallsend RSL Little Athletic Centre

NEWSLETTER No 16 2016-2017 16th JANUARY 2017

WHATS ON TONIGHT & IT'S BBQ NIGHT

Point Score Competition **ROUND 4 PROGRAM 3**

NOTE CHANGE IN PROGRAM U17+ M&F1500m WALK NOW AT 5.30pm
with the **U13-U15** recommended by members believe save 15-20 minutes

SEASONS PRESENTATION

a reminder that the **2016-2017 Summer Season Presentation will be**
FRIDAY 28TH APRIL at DIGGERS WALLSEND...starts at 6.00pm

WHO'S OFF TO DUBBO

a number of our Athletes and Officials are off to Dubbo for a 3 day weekend of
Country Athletics Championships.....take care on the journey.....ENJOY

IT'S A NEW YEAR BUT SAME STORY

all Parents and Helpers at events are asked to sign the Officials Sheet, this covers
you for insurance, FORTUNATELY no one has been seriously injured... BUT

WHAT'S COMING UP

NSW COUNTRY CHAMPIONSHIPS THIS FRIDAY-SUNDAY 20-22 JANUARY
at BARDEN PARK, DUBBO

CARDIFF CHALLENGE CUP SUNDAY 29th January

at Neegulbah Park Macquarie Hills, starts 3.00pm entry fee \$12 per athlete the
Challenge Cup is a LA event for U6 to U17 only Entry CLOSE 26/1/17

HUNTER TRACK CLASSIC SATURDAY 28TH JANUARY

at Hunter Sports Centre Glendale

TEASERS & ANSWERS

ALL HOURS

PAINLESS

RIGHT

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OPERATION

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DECISION

A.M. / P.M.

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